

#### Which is the correct sequence of the sentences in the text below?

- 1) The image of a good teacher is one who is constantly reflecting about how best to help different types of learners learn.
- 2) The National Competency-Based Teacher Standards (NCBTS) define a new paradigm of teaching where the teacher is viewed as a knowledge professional who is responsible for facilitating learning.
- 3) Good teaching is defined in terms of those practices that help students learn better.
- 4) Competency-based means that the standards or criteria for characterizing good teaching are defined in terms of what the teacher is competent to do.
- 5) The NCBTS can be used as a self-assessment tool for professional development.



A. 2,4,3,1,5

C. 1,2,4,5,3

B 34512

D 41352

- Choose the sentence that expresses the thought clearly and that has no error in structure/spelling.
  - A. The farmer did plow, plant, harvest his corn in record time.
  - B. The farmer plowed, planted, and harvested his corn in record time.
- C. The farmer has plowed, planted, and harvested his corn in record time.
  - D. The farmer plowed, has planted, and has harvested his corn in record time.

The traffic flow at the corner was jammed. Tom feared getting late so he \_\_\_\_\_ with a bus and leaped at the door.

A. catch up

B. was catching



C. caught up

D. has caught

Teacher Mae Ann always tries to help people, but recently she has been \_\_\_\_ kind and generous.

A. principally

B. usually

C. especially

D. largely

#### "I die just when the dawn breaks to herald the day."

This is a famous quote from \_\_\_\_\_\_.

A. Jose P. Rizal

B. Benigno Aquino

C. Jose Aquino

D. Manuel L. Quezon

Rousseau advised, "Have a good bank account, a good cook, and a good digestion." What is being referred to?

A. Investment

B. Security



D. Duty

Both Ruben and \_\_\_\_\_ plan to go.



A. I

B. me

C. myself

D. me myself

Your father is paying for your plane ticket,

A. is he

B. isn't it

C. aren't you



D. isn't he

We should work for a total ban \_\_\_\_\_ of pesticides that are harmful to man.

A. by the use

B. on using

C. with the use



D. on the use

Susan \_\_\_\_ in bed too long and missed her classes.

A. laid

B. lays

C. lied



D. lay

After 10 unfruitful years, Fe finally quit the job. She \_\_\_\_ along with her boss for a long time.



A. hasn't been getting

B. didn't get

C. hadn't been getting

D. isn't getting

Today, car manufacturers have begun to AUTOMATE their assembly lines by using robots. What does this trend mean?



A. Operate through machines

B. Cars are now automatic

C. Operates through human workers

D. Produce more efficient cars

She described her classmate's statement as too SOPHOMORIC. This means .

A. grown up

B. mature

C. wise



D. immature

Is this the spot \_\_\_\_ had the accident?

A. wherein

B. where

C. why



D. which

If I \_\_\_\_\_ a Senator, I would live in Ayala village.

A. should be

B. am



C. were

D. was

\_\_\_\_\_ not making the most of \_\_\_\_\_ opportunities.

A. You're - you're

B. You - your



C. You're - your

D. You're - you

Which word does NOT mean the same as the other three?

A. furnish

B. defend

C. supply

D. equip

"Nothing that happens in this world ever happens by chance; it is all part of a grand design." The author speaks of one's \_\_\_\_\_.



A. destiny

B. luck

C. dream

D. ambition

It's now two hours past his schedule, the facilitator may not come anymore, but we'll still be ready in case he \_\_\_\_.

A. may

B. is coming



C. does

D. will come

#### The surprised teacher asked, "What was all the HUBHUB about? HUBHUB means .

A. hush

B. serenity



C. commotion

D. stillness

## Who was the General who said "I shall return" after training troops in Australia?

A. Carlos P. Romulo



B. Douglas McArthur

C. J. de la Torre

D. G. Wainright

I should have returned the book last Tuesday; it is now five days \_\_\_\_\_.

A. delayed

B. postponed



C. overdue

D. beyond deadline

I saw a nasty \_\_\_\_\_ between two cars this morning.

A. happening

B. damage



D. danger

#### Which passage is expressed effectively and without structural error/s?

A. I would not want to be themselves.



B. I would not want to be himself/herself.

C. I would not want to be he/she.

D. I would not want to be theirselves.

Which passage is expressed effectively and without structural error/s?

- A. Having called the other students and they, the secretary went home.
- B. Having called the other students and ourselves, the secretary went home.
- C. Having called the other students and we, the secretary went home.
- D. Having called the other students and us, the secretary went home.

Thomas Carlyle said, "The man without a purpose is like a ship without a rudder..." It could be interpreted as \_\_\_\_\_.

A. there should be sufficient energy in one's life.

Januario direction can never come into one's life.

C. one's life doesn't need to be controlled.

D. there is a strong driving force in one's life.

#### Who said, "The Filipino is worth dying for?"



A. Benigno Aquino

B. Carlos P. Garcia

C. Fidel V. Ramos

D. Jose P. Rizal

Who is remembered for his famous quotation? "My loyalty to my party ends where my loyalty to my country begins."

A. Carlos P. Garcia

**B. Ferdinand Marcos** 

C. Manuel L. Quezon

D. Manuel Roxas

- Which sentence clearly and effectively states the idea and has no structural error/s?
  - A. The interest at a loan company is higher than at bank.
  - B. The interest at a loan company is higher than a bank.
  - C. The interest of a loan company is higher than a bank.
- D. The interest of a loan company is higher than in a bank.

- Select the sentence that clearly and effectively states the idea and has no structural error/s.
  - A. The examinees need pencils, a calculator, and a ball pen.
  - B. The examinees need double pencils simply a calculator, and ball pen.
  - C. The examinees need two pencils, a simple calculator, and a ball pen.
- D. The examinees need two sharpened pencils, a calculator, and ball pen.

There was HIATUS of two years before I went back to college. HIATUS means \_\_\_\_.



A. lapse

B. uninterruption

C. length

D. continuation

#### I was speaking to Ana on the phone when suddenly we were \_\_\_\_\_.

A. disconnected



B. cut off

C. hung up

D. broken down

"The Lord is my shepherd; I shall not want" is an expression of one's \_\_\_\_\_.

A. total poverty

B. blind ignorance

C. love for self



D. total submission to God

## Which passage is expressed effectively and without structural error/s?

- A. The teacher explained that the Mean Percentage Score (MPS) of night school students in English was much lower than it has been in previous years.
  - **B.** The teacher explained that the Mean Percentage Score (MPS) of high school students in English was much lower than the previous years.
  - **C.** The teacher explained that the Mean Percentage Score (MPS) of high school students in English was much lower than it had been in previous years.
  - D. The teacher explained that the Mean Percentage Score (MPS) of high school students in English was lowest than the previous years

# "Ang mga mata mo ay tulad ng mga bituin sa kalangitan."

Ano ang ginagamit na pagpapahayag dito?



A. Pagtutulad

B. Personipikasyon

C. Pagwawangis

D. Pang-uyam

Huwag limutin ang vernacular. Tutuhing iasimila ito sa pambansang wika sa ikauunlad ng kultura at lahi. Ang ibig sabihin ng iasimila ay \_\_\_\_\_.

A. papaunlarin

B. papakinabangan

C. pagyamanin



D. papayabungin

Alin ang nagbibigay ng opinion tungkol sa isang napapanahong isyu sa pamamagitan ng larawan?



A. Kartong pang-editoryal

B. Ilustrasyong karikatyur

C. Larawan sa unang pahina

D. Larawan sa huling pahina

#### Alin ang salawikain sa mga sumusunod:

A. May puno walang bunga, may dahon walang sanga.

B. Di maliparang uwak.

C. Nagbubuhat ng sariling bangko.

D. Nasa Diyos ang awa, nasa tao ang gawa.

"Matagal nang lumagay sa tahimik si Mely." Ang ibig sabihin ay:

A. Nanahimik na.



B. Nag-asawa na.

C. Lumisan na.

D. Namatay na.

Sa taas ng mga bilihin ngayon, kahit "kahig ka ng kahig" ay wala pa ring maipon. Ano ang ibig sabihin nito?

A. Hindi bumili



B. Hanap ng hanap

C. Bawasan ang bili

D. Gastos ng gastos

### Anong bahagi ng pananalita ang nasa malaking titik?

Malungkot ANG MGA nagtapos na wala pang trabaho.



A. Pananda

B. Parirala

C. Pang-ukol

D. Pangatnig

"Kung anong bukambibig siyang laman ng dibdib." Ito ay isang uri ng \_\_\_\_\_.

A. tula



B. tugmaan

C. bugtong

D. salawikain

#### Ano ang kahulugan ng tagbising panahon?

A. tag-ulan

B. tag-init

C. tag-lamig



D. tag-tuyot

Ang salitang apartment ay binubuo ng dalawang klaster. Tukuyin ito.

A. rt at tm

B. pr at tm

C. tm at nt



D. rt at nt

Ang butong tinangay ng aso walang pagsalang nalawayan nito. Ang kaisipang ito ay tumutukoy sa katotohanan ng:

A. pagnanakaw

B. pakikipagkaibigan

C. pagpapakain



D. pagtatanan

Alin sa mga ito ang nagpapahayag sa paraang organisado at artistiko maging tuluyan o sa berso na nagmula sa imahinasyon?

A. panulaan

B. epiko

C. sanaysay



D. panitikan

Kung ang awit ng pag-iibigan ay kundiman, ano naman sa Bisaya?

A. dioma

B. sambotani



C. kumintang

D. talindaw

Mag-aalas singko na \_\_\_\_ umaga \_\_\_\_ magising siya.



A. ng-nang

B. nang-kapag

C. nang-nang

D. ng-at

Sino ang nangungusap sa quotation? "Ang pag-ibig ay hindi pag-ibig kapag nagbabago kung nakakakita ng pagbabago."



A. Genoveva Matute

B. William Shakespeare

C. Robert Frost

D. Jose Rizal

Ponema ang tawag sa makabuluhang tunog ng wika. Ilan ang ponema ng Filipino?

A. 28

B. 31

C. 20



Saan hinango ang mga kwentong tinatawag na parabula?

A. Mga pinagmulan

B. Kasabihan



C. Bibliya

D. Kwentong bayan

Alin dito ang ginagamit sa pagtuturo ng panitikan lalo na sa pagkasunod-sunod ng mga pangyayari sa kwento?

A. Story grammar

**B.** Decoding

C. Character web



D. Story frame

Alin dito ang gamit sa pagtuturo na replika na yari sa isang tunay o sintetik na material?



A. dayorama

B. ispesimen

C. papet

D. mock-up

Ano ang kahulugan ng idyomang ginamit sa pangungusap na "Marami sa mga magsasaka ang INALAT dahil sa patuloy na pagbuhos ng ulan"?

A. Nawalan ng pag-asa

B. nanibago

C. nagalit



D. minalas

Mapangarapin ang maliliit! Ang ibig sabihin ng pahayag na ito ay ang mga taong mahihirap ay

A. Nais umangat sa buhay kaya nakikipagsapalaran

B. May pangarap na guminhawa

C. Nananaginip ng gising

D. Gustong lumipad sa alapaap

Aling pamaraan ang ginagamit ng guro na nagsisimula sa mga halimbawa patungo sa paglalahat?

A. Pabalak

B. Pasaklaw

C. Patuklas



D. Pabuod

In a certain school, the ratio of boys to girls is 3 to 7. If there are 150 boys and girls in the school, how many boys are there?

A. 105

B. 90

C. 45

One angle of a parallelogram is 35. What are the measures of the other three angles?

A. 45°, 65°, 170°

B. 85°, 135°, 140°

C. 145°, 35°, 145°

D. 35°, 65°, 65°

The edges of a rectangular solid have these measures: 1.5 ft x ½ ft x 3 inches. What is its volume in cubic inches?

A. 324

B. 225

C. 272

A water tank contains 8 liters when it is 20% full. How many liters does it contain when it is 75% full?

A. 60

B. 30

C. 58

#### Which of the following has the largest value?

A.  $7^5$ 

B. 3<sup>9</sup>

C. 6<sup>4</sup>

D.  $9^{3}$ 

How many degrees are between the hands of a clock at 3:40?

A. 140°

B. 130°

C. 125°

D. 150°

Which of these three fractions has the largest value?

 $A. \quad \frac{4}{15}$ 

 $B. \quad \frac{3}{4}$ 

C.  $\frac{12}{24}$ 

D.  $\frac{5}{9}$ 

If x = 3 and y = 2, then  $2x + 3y = _____.$ 

A. 12

B. 10

C. 14

Which of these has a value different from the other three?

A. 15%

B.  $\frac{3}{20}$ 

C. .15

D.  $\frac{12}{75}$ 

The vertex angle of an isosceles triangle is 30°. What is the measure of one of the base angles?

A. 150°

B. 60°

C. 75°

D. 70°

# What is the value of $12\frac{1}{6} - 2\frac{3}{8} - 7\frac{2}{3} + 19\frac{3}{4}$ ?

A.  $21\frac{1}{8}$ 

B. 22

c.  $21\frac{7}{8}$ 

## Which of these math sentences is NOT CORRECT?

A. 
$$\frac{1}{3} + \frac{1}{4} = \frac{7}{12}$$

B. 
$$\frac{1}{7} + \frac{2}{3} = \frac{3}{21}$$

$$C. \quad \frac{1}{2} + \frac{1}{3} = \frac{5}{6}$$

D. 
$$\frac{1}{6} + \frac{1}{8} = \frac{14}{48}$$

Joseph is 10 years older than his sister. If Joseph was 25 years of age in 1983, in what year could he have been born?

A. 1948

B. 1963

C. 1958

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What number is next in this sequence? 11120, 11260, 11420, 11600

A. 11820

B. 11760

C. 11720

If the counting numbers 1 to 30 are written down, how many times does the digit 2 appear?

A. 11

B. 14

C. 12

259:37 as A. 84:12 B. 25:4 C. 5:1 D. 63:441 What value of x will make this proportion correct? 13:x = 3.25:8.00

A. 2

B. 3.5

C. 32

How many glasses of Cola each to be filled with 150 cu.cm. of liquid can be made from 5 family size bottles of cola each containing 1.5 liters?

A. 45

B. 50

C. 60

What is the greatest common factor of the numbers 48, 12, and 32?

A. 2

B. 4

C. 3

A car depreciates by 10% of its brand new price each year and by 15% in each succeeding year. By 2009, what would be the market price for a car bought brand new for P600,000 in 2004?

A. P390,000

B. P480,000

C. P210,000

D. P420,000

By how much is 35% of P220 greater than 55% of P140?

A. P10.00

B. P0.00

C. P20.00

D. P16.00

In the playground for kindergarten kids, 18 children are riding tricycles or bicycles. If there are 43 wheels in all, how many tricycles are there?

A. 7

B. 8

C. 9

The edges of a cubical frame are made from plastic straws. How much longer is the total length of the plastic edges of a cube whose edges is 10cm compared to a cube whose edge is 8cm?

A. 24 cm

B. 32 cm

C. 16 cm

D. 8 cm

In a Mathematics test, 35 students passed and 30% failed. How many students took the test?

A. 60

B. 50

C. 40

The legs of one right triangle are 9 and 12, while those of another right triangle are 12 and 16. How much longer is the perimeter of the larger triangle than the perimeter of the smaller triangle?

A. 84

B. 14

C. 7

Each bag contains 50 kg. What would be the increase in the price if the cost of one bag of rice goes from P950.00 to P1,200.00?

A. P250.00

B. P7.50

C. 3.75

D. P5.00

At what rate of interest should P2,400 be invested so that it will earn P880 in 8 months?

A. 6 ½%

B. 5 ½%

C. 5%

D. 6%

In the following number, which digit is in the thousandths place? 5672.13498

A. 6

B. 4

C. 3

A child can be admitted to Grade 1 if he/she is at least 5 years and 10 months old by June of the school year. Which of these dates of birth will DISQUALIFY a child from being admitted to Grade 1 on June 15, 2009?

A. June 10, 2003

B. Jan. 10, 2003

C. April 30, 2003

D. May 5, 2003

How much greater is the sum of the first 20 counting numbers greater than the sum of the first 10 counting numbers?

A. 110

B. 55

C. 155

## Which of these numbers CANNOT possibly be a square number?

A. 10217356

B. 35366809

C. 26275876

Which number is wrong in this sequence? What should the number be for the sequence to be CORRECT? 5, 15, 16, 48, 144, 147, 148, 444...

A. 48; it should be 18

B. 147; it should be 145

C. 144; it should be 132

D. 144, it should be 49

If July 12, 2003 fell on a Tuesday, on what day will July 12, 2005 fall?

A. Monday

B. Thursday

C. Sunday

D. Friday

How many vertices does a rectangular solid have?

A. 8

B. 6

C. 4

#### Which statement is FALSE?

- A. Solid particles have the strongest attractive forces in between.
- B. Solids and liquids have more molecules per unit volume, hence their densities are higher.
- C. Molecules of solids and liquids are more closely packed than those in gases.
- D. The gas phase has the least kinetic energy.

### Which has the higher specific heat capacity: water or sand?

A. Neither sand nor water

B. Sand

C. Both

D. Water

The direct transformation of a solid into the gas phase without passing through the liquid phase is called:



A. Sublimation

B. Compression

C. Evaporation

D. Freeze drying

Why is it NOT advisable to repeatedly open the door of a refrigerator?

- A. It will loosen the hinges of the refrigerator's door.
- B. It leads to wastage in electrical energy.
- C. Repeated opening introduces bacteria into the refrigerator.
- D. The warm air outside lowers the temperature inside, thus, making the refrigerator less efficient.

What may occur when there is a severe damage to some parts of the brain due to lack of blood supply?



A. Stroke

B. Rheumatic heart

C. Heart attack

D. Thrombosis

What kind of mirror is used in cars to give the driver a wider area and smaller image of the traffic behind him/her?

A. Double concave



B. Convex

C. Plane

D. Concave

When you carry a heavy load with one arm, you tend to hold your free hand away from your body in order to .

- A. Be ready to grab something in case you fall
- B. Change the weight of your body and load
- C. Change the mass of your body
- D. Change the center of gravity of your body and load

You inherited tallness from your father. Physical traits are transmitted from parents to offsprings through \_\_\_\_\_\_.

A. alleles



B. genes

C. gametes

D. chromosomes

Which is a destructive fishing method wherein fishes are driven out of a coral reef by pounding the corals with a heavy weight?



A. Muro-ami

B. Cyanide fishing

C. Reef fishing

D. Corals entrapping

The prevailing wind systems experienced in the Philippines are \_\_\_\_\_.

- A. Northwest and southwest monsoon
- B. East and west monsoon
- C. Northeast and Southwest monsoon
- D. North and South monsoon

Jane placed some mothballs inside her cabinet. After a week, they were all gone. What happened to the mothballs?

A. They were dissolved by water in air.

B. They melted.



C. They sublimed.

D. They condensed.

Of the state of matter, which has the weakest intermolecular force of attraction?

A. Plasma

B. Liquid

C. Solid



D. Gas

To be safe in the unlikely case of lightning strike, it is best to be inside a building framed with .

A. steel

B. cement

C. iron



D. wood

# Which of these does NOT belong to the other three terms? Solution Colloid Suspension Element



A. Element

B. Colloid

C. Suspension

D. Solution

### Which of these statements is FALSE?

- A. Water is heavier than oil.
- B. Kerosene is lighter than water.
- C. Fire caused by kerosene can be put out if water is poured on the fire.
  - D. Rain or distilled water (a pure liquid) boils at constant temperature.

How can we prevent developing osteoporosis?

A. Adequate intake of vitamins A and D

B. Adequate intake of calcium and vitamin D

C. Estrogen replacement therapy

D. Less exercise to decrease bone density

#### Which statements correctly differentiate boiling from evaporation?

- I. Boiling happens at a definite temperature while evaporation can occur at any temperature.
- II. Boiling happens when the vapor pressure exerted by the liquid becomes equal to the atmospheric pressure, while evaporation occurs when high energy molecules at the liquid surface continuously escape to the space above the liquid.
- III. Boiling is always associated with temperature while evaporation is related only to pressure.

A. I and III

B. I only

C. II only

D. I and II

Which of the following is heterogeneous?

A. Rain water

B. Clean air

C. Sea water



D. Kerosene

### Ozone depletion happens due to the release of CFC's from .

A. annual respiration

B. industrial combustion

C. deforestation



D. styrofoam and Freon

## Which of the following has the longest wavelength?



A. Red

B. Blue

C. Yellow

D. Green

## Which of these characterizes organic compounds?

- A. They are compounds of any element.
- B. They cannot be broken down to simpler substances.
- C. They always require electrical means to separate.
- D. They are compounds containing carbon.

What happens to the speed of sound waves as it travels from a less dense medium to a denser medium?



A. The speed increases.

B. The speed stays the same.

C. Total internal reflection happens.

D. The speed decreases.

Sound:Decibel::\_\_\_\_:\_\_\_:

A. Area:Square

B. Capacity: Hectare



C. Length:Meter

D. Volume: Cube

#### In which of the following medium would sound waves travel the fastest?

A. Vibrating objects

B. Liquids

C. Gases



D. Solids

We always hear doctors warning us to limit salt intake. What is the effect of salt on cells?

A. Salt dehydrates the cell.

B. Salt makes cells swell.

C. Salt clogs the cell.

D. Salt punctures the cell.

Eight out of the top ten leading causes of morbidity in the Philippines are communicable. To prevent them from happening to your students, the best advice to give them is to \_\_\_\_\_\_.

- A. Avoid dangerous activities
- B. Clean the classroom often



- C. Cover the mouth when sneezing
- D. Wash hands frequently

Iron-deficiency contributes to the poor scholastic performance of students. Which of the following food items is best for iron-deficient students?

A. Pechay

B. Fish

C. Sardines



D. Liver

All of the following are effects of deforestation, EXCEPT:

A. Landslides



B. Global warming

C. Flash floods

D. Destruction of the ozone layer

Patients suffering from malfunction of the kidney are now assisted by a machine that serves as artificial kidney called \_\_\_\_\_.

A. Homeostatic machine

B. Pacemaker

C. Hemoscope



D. hemodializer

# Why do we hear thunder some seconds after seeing lightning?

A. Light appears brighter in the sky.



B. Light travels faster than sound.

C. Sound travels 1,331 m/s.

D. Sound is released later actually.

The interaction between living organisms and nonliving organisms in the environment is called a/an .

A. species

B. community

C. population



D. ecosystem

Meteorology is a very important branch of natural science, without which we cannot be informed of forthcoming \_\_\_\_\_\_.

A. earthquake



B. typhoon

C. meteor

D. comet

What is the best indicator of "quality education" as invoked in the Constitution? Generation of reliable measurements

A. on cohort survival rate

B. on drop-out rate



C. of educational outcomes

D. on participation rate

Violation of human rights is a violation of the of persons.

A. dignity

B. intelligence

C. emotions



D. freedom

What term best describes a peaceful community?



A. Harmony

**B.** Tolerance

C. Spirituality

D. Ethics

The logo of the Olympic Games represents the interconnectedness of the countries in the world. While the Games highlight the strength of the nations in sports, what does the global activity promote?



A. World peace

B. World tourism

C. World industry

D. World history

The UNESCO is an international organization promoting which programs of the United Nations?



A. Education, Science, Culture

B. Unity, Organization, Education

C. Competence, Science, Nature

D. National, Unity, Science

Which is a negative consequence of our value of close family ties?



A. The development of prolonged dependence

B. Permanence of marriage

C. Double-standard mentality

D. Stability of the family

"No pain, no gain; no cross, no crown." What do these short statements point to?

A. Why suffer when there are a lot of pain relievers available.



B. Be willing to pay the price for every dream you want to realize.

C. Life is a heavy burden to carry.

D. Others make our life miserable many times.

Children learn how to open a coconut and other common chores in a coconut farm. In this instance, culture is transmitted by



A. immersion

B. enculturation

C. assimilation

D. acculturation

Which of the following statements accurately reflects a strong "school culture"?

A. Has informal rules of behavior

B. Has a network of communications

C. Has high standards of performance



D. Has definite organizational core values

Which has been said to be the strongest factor that drives most Filipino men and women to leave their families and work abroad?



A. Poverty

B. Illiteracy

C. Insurgency

D. Consumeristic mentality

#### The cultural heritage of Southeast Asia has been designated by UNESCO as \_\_\_\_\_\_.



A. World Heritage Sites

B. World International Center

C. World Cultural Heritage

D. World Tourist Spots